



Top Tip from Airtel-Vodafone

### **How to... Manage 4G data usage**

What type of activities use a lot of data?

Downloads, uploads and streaming use more data than social media browsing for example. Turning off things like push notifications can avoid unnecessary data usage. Speed tests are heavy on data usage and the faster the speed, the more data will be used. Social media or email notifications and updates such as new software can consume a lot of data. Turning off automatic updates and notifications in your settings means you will be asked when a new update is available, and how much data it will use, thus allowing you to make the choice. On an iPhone for example, go to your settings, scroll down to iTunes and App store and turn Updates off.